Online versions of the *Australian Cookbooks from the State Library* travelling display and collection guide can be accessed at <www.sl.nsw.gov.au/events/displays/index.html> or by going to the Events & Exhibitions tab.

Curator: Pat Turner
Project Manager: Phil Verner
Graphic designer: Dominic Hon
Editor: Helen Cumming
All photographic and imaging work is by Phong Huu Nguyen and Scott Wajon, Imaging Services

P&D 2830-3/2009

ISBN 0 7313 7195 X

© State Library of New South Wales, April 2009
Introduction

This guide provides information on accessing the State Library’s vast cookbook collection and includes items featured in the *Australian Cookbooks from the State Library* travelling display.

For help finding additional cookery material, you can:

- ask at the information desks in the Mitchell Library and State Reference Library reading rooms
- telephone the Library (02) 9273 1414
- go to www.sl.nsw.gov.au to access the Ask a Librarian service or search the online catalogues.

Some of the State Library’s older collections are not listed in the online catalogues. Ask Library staff about accessing the card and printed book catalogues.

Cookbooks are entered under a variety of subjects in the catalogues. Only a very few are listed here:

- Cookery
- Cookery, Australian OR Cookery — Australia
- Cookery, Chinese OR Cookery — China
- Cookery, French OR Cookery — France
- Cookery (Canned foods)
- Cookery (Meat)
- Cookery (Vegetables)
- Microwave cookery.

Material in this guide is arranged alphabetically by author (or title if the author is not indicated) within the following headings:

- Pre 1900
- 1900 to 1950s
- 1950s to 2000
- The 21st century.
Pre 1900

Abbott, Edward
*The English and Australian cookery book: cookery for the many, as well as for the upper ten thousand*
London: Sampson Low, Son, and Marston, 1864
ML DSM/641.59901/8A1
Bequest of David Scott Mitchell

- Written by a Tasmanian Parliamentarian and landowner, this is Australia’s earliest known cookbook. It is a miscellany of ‘the modern cookery of the mother country and the colonies’. Includes recipes for kangaroo, emu, wombat, mutton-bird and black swan.

Colcord, Anna L
*A friend in the kitchen; or, What to cook and how to cook it*, 2nd edn
Melbourne: Echo Publishing, c. 1898
ML 641.5/C

- The author’s intention was to produce a book on inexpensive, plain and healthful cookery, which she believed was not receiving the attention it deserved, and was being overshadowed by excessive consumption and ‘elaborate bills of fare’.

Doberer, Miss E (editor)
*The housewife’s friend: a book of tested recipes*, 2nd edn
Grafton, NSW: Printed at Examiner office, 1895
ML 641.5/D

- Intention of the compilers was to produce a cookery book suitable for the colonies at a time when most works were printed in England.

Frank Weston & Co.
*Frank Weston’s Australian companion: a selection of valuable recipes for cooking, &c., with much information about horses, cattle, social, witty, and other important subjects*
Melbourne: Frank Weston, c. 1875
ML 641.5/1

- Chiefly a promotional booklet for Weston’s Wizard Oil, Magic Pills, and Mexican Mustang liniment and powders. Interspersed with cooking recipes and a variety of other topics.

Golden nuggets
Bendigo, [Vic.]: WJ Donegan, [between 1897 and 1907]
ML 617.60994/2
Donated by John Hoyle

- Features cooking recipes together with remedies for ailing livestock. Contains advertisements for an array of WJ Donegan’s pharmaceutical products and dental services, including chloroform and laughing gas.
Holbrook, ML
*Dr. Holbrook’s American cookery book … with an Australian appendix of over 100 refreshing drinks for all seasons, Australian edn*
Melbourne: EW Cole, c. 1888
SRL MA 3 P 15

- The Australian appendix contains easily prepared beverages specially oriented towards Australia’s ‘thirsty’ climate. Includes a section on ‘Practical dietetics and answers to ever-recurring questions’.

Lucas, Olive A
*Temperance cookery book*
Sydney: GE Ardrill, 1896
SRL MA 4 P 1

- Commissioned by the Women's Christian Temperance Union and the Local Option League of New South Wales in order to meet the express wishes of Temperance workers for a cookery book with reliable recipes without alcohol.

Maclurcan, Hannah
*Mrs Maclurcan’s cookery book : a collection of practical recipes specially suitable for Australia, 2nd edn*
Townsville: H Maclurcan, 1898
ML 641.5/434

- This immensely popular work by hotelier, Mrs Maclurcan, remained in print for over thirty years and ran to twenty editions. It contains a broad range of recipes and includes dinner and supper menus.

Muskett, Philip E
The art of living in Australia by Philip E Muskett; together with three hundred Australian cookery recipes and accessory kitchen information by Mrs H Wicken
London; Melbourne: Eyre and Spottiswoode, c. 1893
ML DSM/613.2/M
Bequest of David Scott Mitchell

- The principal object of the work claims to be ‘to bring about some improvement in the extraordinary food-habits at present in vogue’. The author, a doctor, laments the fact that Australians ‘live in direct opposition to their semi-tropical environment’. For the practical side of this quest, he invited Mrs Harriet Wicken, a cookery lecturer in Sydney, to submit a selection of economical recipes written specifically for Australian use.

Pearson, MJ
*Cookery recipes for the people*
Cover title: *Australian cookery: recipes for the people: as given at the Centennial Exhibition, Melbourne, 1888-89, 2nd edn*
Melbourne: Australasian-American Trading Co., 1889
ML 641.50994/80
Donated by John Hoyle

- Written by a cookery teacher, the author’s intention was to fill a void by producing a small hand book with concise, easy to understand rules, which would make the subject interesting and instructive.
Rawson, Mrs Lance
*Australian cook and laundry book*
Cover title: *Mrs Lance Rawson’s Australian cook and laundry book*
Melbourne: JW Knapton, 1897
ML 641.5/R

- Being a portion of the author’s popular work, *Australian enquiry book : a practical guide for cottage, villa, and bush home* it was published separately in order to provide Australian women with a useful book at an affordable price. Includes recipes for wallaby, bandicoot, flying fox, ibis, bushman’s cake and a Chinese dish.

Rita
*Cottage cookery: (hygienic and economic)*
Melbourne: Geo Robertson & Co. c. 1897
ML 641/R

- Rita was the ‘Social Editress’ of the Melbourne *Herald* and *Weekly Times* newspapers. This volume contains articles and recipes which first appeared in these papers.

Robert Walker & Co.
*Tasmanian cookery guide*
Hobart: Robert Walker & Co., c. 1890
SRL MA 1 P 82

- Preface states that the work is a departure from the conventional cut and dried style of cookery books, as the material is presented in an attractive and readable form with clear and concise instructions. Directed towards both young and more experienced housekeepers.

Wicken, H
*Recipes of Lenten dishes*
Sydney: Angus & Robertson, c. 1896
ML DSM/641.5/88A1
Bequest of David Scott Mitchell

- Provides suggestions for Australian housekeepers on varying the menu and includes recipes for the Lenten season. Contains no meat dishes.

Wilkinson, Alfred J
*The Australian cook : a complete manual of cookery suitable for the Australian colonies: with especial reference to the gas cooking stove*
Melbourne: George Robertson, 1876
ML 641.5/W

- The author’s perceived need for a cookery book suited to the requirements and resources of the Australian colonies resulted in the publication of this work. Includes directions for using gas stoves which were introduced in Australia just a few years earlier.
1900 to 1950s

Aronson, Mrs FB
*XXth century cooking, and home decoration*
Sydney: William Brooks & Co., 1900
ML 641.5/ A

- Compiled as a result of the author’s belief ‘that a scheme of Housekeeping and House-decoration peculiarly adapted to these Colonies has not yet been attempted, and is widely needed’.

Australian Comforts Fund, NSW Division
*The War Chest cookery book*
Sydney: Websdale, Shoosmith Ltd., 1917
ML 641.5/C

- A book of tried recipes compiled with the aim of augmenting War Chest funds in order to provide assistance to Australian soldiers suffering the hardships of war.

Bartlett, Jenny
*Healthful cookery*
Warburton, Vic.: Signs Publishing Co., c. 1934
ML 641.5636/38

Donated by John Hoyle

- Published in order to meet the need for a cookery book that provided tasty and appetising recipes for vegetarian meals. Intended to show that vegetarianism ‘is not necessarily an insipid, watery diet of boiled carrots, parsnips, and cabbage, as some people might think’.

*Bile bean cookery book*
[Sydney: Bile Bean Manufacturing Co. c. 1908]
ML 641.5631/13

Donated by John Hoyle

- Provides tasty, wholesome, inexpensive dishes for working people.

Clyde, June
*[Mother’s Choice Flour miniature cook books]*
ML F641.5/4

- Booklets issued with packets of Mother’s Choice flour. Some booklets respond to ingredient shortages due to war-time rationing.

*Cocoa recipes*
Sydney: Bushells, c. 1930s
ML 641.8653/22

Donated by John Hoyle

- Contains 29 recipes for cocoa drinks, icing, puddings and cakes.
Eggs from every angle: the Ovo recipe book.
[Ballarat, Vic.: JS Vickery & Son, c. 1935]
ML 641.6754/2
Donated by John Hoyle

- Promotional booklet by manufacturers of Ovo, a preparation for preserving eggs. The booklet aims to indicate the value of eggs and to provide recipes which add variety to egg dishes. Also includes information for poultry farmers.

Flay, Sue
Diets: eating for health
Caulfield [Vic.]: EH Baillie, c. 1937
ML Q641/T

- Features a variety of diets including those for the very young and school children, prepared by Sue Flay of the Australian Home Beautiful. Includes recipes for the Hay diet and the Eighteen-Day diet.

Floate, Dorothy
Mrs. Floate’s ‘secret of success’ cookery book, Vol. 1, Cakes, pastries, biscuits, 11th edn
Melbourne, Vic.: Robertson & Mullens, 1950
ML 641.5994/142
Donated by John Hoyle

- Mrs Floate was a dominant figure in the world of Australian cookery during the 1930s & 1940s. Self-taught in the art, she won almost 1300 prizes in country and city shows. On retiring from the show circle, she began her popular Secret of Success series of cookery books which ran to many editions.

Fowler, Lily F
Miss Fowler’s cook book
Melbourne: George Robertson, c. 1910
ML 641.5/ F

- Lily Fowler was a renowned cookery teacher in Melbourne. Her aim in producing the book was ‘to enable the great multitude of present-day cookery students to have some reliable authority for their further assistance in practice’. This popular work ran to several editions and remained in print until at least the mid 1920s.

Geechoun, Roy
Cooking the Chinese way
Melbourne: WD Joynt & Co., 1948
ML 641.5951/G

- Contains recipes for popular Chinese dishes, compiled with assistance from an expert Chinese chef, with ingredients generally available in Australia. Includes essays and articles on Chinese food customs.
Gilmore, Mary  
*The Worker cook book*  
Sydney: The Worker Trustees, 1915  
ML 641.5/G  
- A compilation of recipes from women in working-class homes sent to the ‘Our Woman’s Page’ of *The Worker* newspaper.

Jackson, Mrs LH (compiler)  
*The Victory cookery book*  
[Melbourne: s.n., c. 1944]  
ML 641.5994/263  
Donated by John Hoyle  
- The proceeds of this work donated to prisoners of war and inmates of the Gippsland Base Hospital. Includes some recipes for Chinese meals contributed by the wife of the Chinese Consul in Melbourne.

King, Annie J  
*The Australian missionary cookery book: a collection of recipes, simple, practical, and up-to-date*  
Sydney: Marchant & Co., 1915  
ML 641.5/62A1  
- Originally intended to raise funds for missionary work, publication of this book was delayed due to the outbreak of war. Eventually it was released in a condensed version. Owing to the desperate situation in Belgium, which had recently been invaded, it was decided to direct proceeds from the sale of the first issue of 5000 copies to the Belgian Fund.

Lowe, Mrs Eric (compiler)  
*The Red Cross cookery book: 250 recipes*  
Sydney: Carter’s Printing Works, 1915  
ML 641.5/L  
- Begun before the war, the primary object of the book was to provide country people with a useful collection of recipes. With the outbreak of hostilities, it focussed on economical recipes which would be of assistance during the difficult times ahead. Monies raised from the sale were in aid of wounded Australian soldiers.

McGowan, Henrietta C  
*The Keeyuga cookery book*  
Melbourne: Thomas C Lothian, 1911  
ML 641.5/M  
- Directed towards a wide audience this work includes recipes and advice for housewives, week-end campers, bachelors, women who sell foodstuffs such as jams and preserves or cakes for a living, and men and women who run small tea rooms/refreshment rooms/tourist rests. Also features a section on cookery for invalids.
Nestlé Company (Australia)
_Dainty dishes: a book of selected recipes_
[Sydney]: Nestles, c. 1920s
ML 641.67/8

- A selection of recipes for economical and attractive dishes using Nestlé’s Milk Products.

Nicholls, Mary L
_Radiant health recipes: the open road to health, 4th edn_
Adelaide: Australian Radiant Health Clubs, 1939
ML 641.5637/14
Donated by John Hoyle

- Extols the virtues of travelling the ‘Open Road of Scientific Eating’, as a means of enjoying perfect health. Contains information, recipes and menu suggestions in line with its food science philosophies.

Pell, Flora
_Our cookery book, 8th edn_
Melbourne: Speciality Press, c. 1930s
ML 641.5994/208
Donated by John Hoyle

- Born in 1874, Flora Pell was a leading figure in domestic arts education in Victoria. A much respected cookery book author, her influential _Our Cookery Book_ ran to over twenty editions. It contains recipes for a wide variety of foods and includes the following sections: Facts about food; Table of measures; Timetable for cooking meats.

Rawson, Mrs Lance
_The antipodean cookery book and kitchen companion, 5th edn_
Melbourne; Sydney: George Robertson & Co., 1907
ML 641.5/R

- Mrs Rawson was a woman of many talents, cookery writing being just one. This book was written to meet the needs of people living in the bush as well as those within reach of more established areas. It urges bush people to learn about edible bush food from Aboriginal people. Includes a large selection of recipes, including one for parrots, together with tips and suggestions for housewives on cooking and other household tasks.

_The Red Cross recipe book of the Queensland Red Cross Society_
Longreach, Qld.: Australian Red Cross Society, Queensland Branch, Longreach Division, [1941 or 1942]
ML 641.5994/258
Donated by John Hoyle

- Designed to be a fundraiser for the Red Cross and to aid cooks with easy, economical and healthy recipes in the difficult wartime days.
Seventy five delicious dishes made with bread
Sydney: John Sands, 1930
ML 641.5/S

- Produced as a promotional booklet for the 'Eat More Bread' campaign which was designed to increase the consumption of home-grown foodstuffs and assist the local wheat industry. Issued by various bakeries as complimentary copies.

Sharing meat for freedom
[Australia: s.n., 1944]
ML 641.66/15

- Explains the necessity of meat rationing and provides guidance for meal planning together with recipes and handy hints.

Usher’s Hotel; Bancks, JC (illustrator)
Exclusive cocktails: from the recipes of Usher’s Hotel
Sydney: Usher’s Metropolitan Hotel, 1933
ML 641.874/5

- Recipes for ten of the hotel’s most exclusive cocktails, together with hints on mixing and suggestions for atmospheric presentation. Illustrations by Ginger Meggs’ creator, Jimmy Bancks.

Vesta
Recipes for all meals
Melbourne: The Argus, c. 1938
ML 641.50994/72

Donated by John Hoyle

- Vesta (Stella May Allan) was employed to write a women’s column for The Argus newspaper in the early 1900s, which proved hugely popular. This booklet of recipes has a strong emphasis on the importance of nutrition upon which good health depends. It is geared towards women responsible for selecting and cooking food for their families.

Wattle Blossom
Off the beaten track, 5th edn
Sydney: D Mitchell & Co., 1924
ML 641.5/W

- Recipes and household hints ‘for practical women who have to solve the every-day problem: ‘What shall we eat, and how shall we serve it?’

White, Gwen Serjeant (editor)
‘The New Idea’ cookbook: containing over 600 recipes tested and proved good
Melbourne: T Shaw Fitchett, 1910
ML 641.5/W

Cookery teacher and author Harriet Wicken migrated to Australia from England in 1886. She was later appointed lecturer in charge of the department of domestic economy at Sydney Technical College. With an English edition of The Kingswood cookery book already to her credit, she compiled a revised and enlarged Australian edition. It proved to be extremely popular in the colonies and many thousands were sold. She authored a number of other books as well as contributing recipes to Philip E Muskett’s The art of living in Australia.

Recipes for inexperienced housekeepers who find cooking for two more problematic than catering for larger families. Promotes casserole cookery as economical and well suited to small families and provides hints on how to purchase very small joints of meat.

Meat recipes specially compiled for Australians. Extols the virtues of meat dishes as appetising and economical and emphasises their benefits on health and well-being.
1950s to 2000

Bannerman, Colin
*Acquired tastes: celebrating Australia’s culinary history*
ML Q641.300994/7
SRL NQ641.300994/2

- Richly illustrated, this work by renowned historian Colin Bannerman presents a fascinating account of Australian food history and culture.

Bannerman, Colin
*A friend in the kitchen: old Australian cookery books*
Kenthurst, NSW: Kangaroo Press Pty Ltd, 1996
ML REF 1/641.5994/27 and 641.5994/27A

- A study of Australian cookery from the colony’s first centenary in 1888 to the outbreak of the World War 1. Includes references to many well-known cookery books.

Beer, Maggie
*Maggie’s farm*
St. Leonards, NSW: Allen & Unwin, 1993
ML 641.5994/15

- Chronicles seasonal produce and recipes for simple, flavourful dishes.

Bjelke-Petersen, Lady Flo
*Classic country collection*
Port Melbourne: Reed Books, 1996
ML 641.5/405

- A book of Lady Flo’s favourite recipes of home-style fare. Includes soups, snacks, meat and fish dishes, cakes, pastries, and of course, the celebrated pumpkin scones.

Cherikoff, Vic
*Uniquely Australian a wild food cookbook: the beginnings of an Australian bushfood cuisine*
Boronia Park, NSW: Bush Tucker Supply Australia, 1994
ML Q641.5994/17

- ‘This cookery book is the first of its kind. It is a fusion of traditional Aboriginal preparative techniques, Australian bush foods and contemporary cooking methods ...’

Clark, Pamela (Food editor)
*Easy Mexican-style cookery*
Sydney: ACP Publishing, 1993
ML Q641.5972/1

- One of *The Australian Women’s Weekly Home Library* titles, this work provides step-by-step recipes for authentic Mexican style food, including the roasting technique for chillies, tomatoes and onions.
Coffey, Lynette  
*Wheatless cooking: includes over 50 gluten-free recipes*  
Ringwood, Vic.: Viking O'Neil, 1991  
SRL N641.5631/19

- Contains over 140 recipes free of wheat products, 50 gluten-free, and over 40 which use no added sugar. Includes an additional section on children’s parties.

*The essential finger food cook book*  
ML Q641.812/1

- An essential guide for making irresistible, fresh and colourful finger food from a huge array of recipes. Includes information on menu planning and food presentation.

Evans, Len  
*Len Evans’ cookbook*  
[Sydney]: Golden Press, 1985  
ML Q641.50924/E92.13/1

- A leading player in the Australian wine industry, Len Evans was also an innovative cook whose recipes appeared in some of the country’s major newspapers and magazines. A selection is reproduced here, together with contributions by family members and friends.

*Family circle cookbook: over 600 recipes from the test kitchens of Family Circle*, new [2nd] edn  
North Sydney: Murdoch Books, 1993  
ML Q641.5/184

- Brings together 600 of the best-ever recipes from the *Family Circle* home economists. Designed to cater to all tastes with traditional European dishes and exotic fare from Asia.

Gaté, Gabriel  
*Gabriel Gaté’s great cakes & desserts*  
South Yarra, Vic.: Anne O’Donovan, 1993  
ML 641.86/6

- An array of recipes for cakes and pastries from classic French to traditional European and much-loved Australian. A dessert section featuring wholesome and healthy dishes as well as the deliciously rich.

Gaté, Gabriel  
*Gaté’s good food for men*  
Port Melbourne: William Heinemann Australia, 1996  
ML Q641.5/192

- Originally from France, influential cookery author Gabriel Gaté has written 19 cookbooks as well as presenting cooking segments on popular radio and television programs. In this work he offers healthy, simply cooked recipes, which take advantage of seasonal ingredients.
Gilbert, Winsom  
*The burnt offering: (how NOT to barbecue)*  
Sydney: Horwitz, 1958  
ML Q641.578/1A1

- Claims to be the first book on barbecuing to be published in Australia as well as the first ‘How-NOT-to do it’ book amidst a plethora of ‘How-To’ ones. Includes recipes for beginners but also urges experimentation and originality through the use of herbs and spices, and unusual combinations of food.

Gold, Lee  
*Jewish cooking: deliciously simple, authentic recipes for today’s kitchen*  
Sydney: Lansdowne, 2000  
ML Q641.5676/1

- This cookbook incorporates a wealth of recipes, old and new, together with details of Jewish dietary law and cooking traditions.

Golden Circle tropical recipe book  
[Brisbane, Qld: Golden Circle Cannery, c. 1970s]  
ML 641.6/16  
Part of the Mary Payne Cookery Book Collection

- Promotes the versatility of pineapples in meal preparation, from mains to snacks, desserts and drinks. Also notes the nutritional value of canned pineapple.

Hafner, Dorinda  
*A taste of Africa: with over 100 traditional African recipes adapted for the modern cook*  
East Roseville, NSW: Simon & Schuster, 1993  
SRL N641.596/3

- Introduces an array of exciting, easy-to-follow dishes from over 15 countries, together with insights into African culture.

Leng, Vikki  
*A vegetarian feast: over 750 simple and delicious recipes for everyday meals and special occasions*  
Pymble, NSW: Angus & Robertson, 1994  
ML Q641.5636/16

- A large selection of economic, nutritious and tasty dishes by best-selling author, cook and instructor.

Leung, Kenneth, Wilson, Mark, Ruta, Carole  
*Fusion: the Watermark Restaurant cookbook*  
ML F641.5/5

- A collection of recipes which present a fusion of ingredients and cuisine from many cultures amalgamated with traditional techniques.
Mallos, Tess
*The complete Mediterranean cookbook*
ML Q641.591822/1

- Includes traditional and contemporary recipes from the entire Mediterranean area, by one of the foremost authorities on the cuisine.

Mason, Anne
*100 tested recipes for currants, sultanas and seeded raisins*
[Melbourne]: Australian Dried Fruits Association c. 1956
ML 641.614/1

- Recipes for cakes, cookies, pastries, meat dishes, entrees, puddings, preserves, candies, salads and savouries.

Moloney, Edward J
*Oh, for a French wife!,* 3rd edn (rev.)
Sydney: Ure Smith, 1976
ML 641.5944/4

- Hugely popular light-hearted work by Ted Moloney and cartoonist George Molnar, first published in 1952, which ran into many editions.

National Italian–Australian Women’s Association
*Buon appetito : regional Italian recipes*
ML 641.5945/12

- A group of Italian-Australian women from Sydney share some of their secret recipes for delicious, appetising dishes.

NSW Public School Cookery Teachers’ Association
*The Commonsense cookery book*
Sydney: Angus & Robertson, 1964 printing
ML 641.5/45C1

- First published in 1914, this student textbook provides step-by-step instructions for preparing a wide variety of plain and simple dishes.

Not so humble vegetables
Sydney: ACP, 1997
Australian Women’s Weekly cookbooks
ML Q641.65/10

- Recipes for innovative vegetable dishes that suit Australians from many cultures. Includes a vegetable nutrition guide.
Parmenter, Ian
*Cooking with passion: the best from Consuming Passions*
[Ultimo, NSW: ABC Enterprises for the Australian Broadcasting Corporation, 1999]
ML 641.5994/37

- Popular TV chef Ian Parmenter has enjoyed huge success both locally and internationally with the *Consuming Passions* series. Recipes from the series appear in a number of books authored by Ian.

Rocchiccioli, Roland (Compiler)
*AFL cookbook: classic recipes behind the men and women of Aussie Rules*
ML F641.5994/4

- Players, coaches, administrators and families share a diverse array of recipes. Includes numerous photographs of AFL's famous names.

Russell-Clarke, Peter
*Peter Russell-Clarke’s Egg cook book*
South Melbourne: Sun Books, 1983
ML Q641.675/1

- Amusing anecdotes from this legendary cookery book author and TV chef accompany a variety of egg recipes ranging from easy to gourmet.

Shun Wah, Annette
*Banquet: ten courses to harmony*
Sydney: Doubleday, 1999
ML Q641.592951/2

- Looks at the history and development of Chinese food in Australia over 180 years. Includes recipes and anecdotes.

Solomon, Charmaine
*Charmaine Solomon’s Indian cooking for pleasure*
Sydney: Ure Smith, 1978
ML Q641.5954/1

- A collection of diverse dishes collected from her travels in India and tested in her own kitchen. The region of origin is given for each recipe.

Wakuda, Tetsuya
*Tetsuya*
ML Q641.5/91

- Recipes for the unique cuisine of this master chef who combines his Japanese philosophy of natural flavours with the fresh produce of Australia and the techniques of traditional French cooking.
Wickham, Lesley  
*Microwave for health*  
Sydney: Bay Books, 1987  
ML Q641.5882/24  
- Recipes for healthy eating using the popular phenomenon of the second half of the 20th century, the microwave oven.

### 21st Century

Alexander, Stephanie  
*The cook’s companion: the complete book of ingredients and recipes for the Australian kitchen*, 2nd edn  
Camberwell, Vic.: Penguin Books Australia, 2004  
ML 641.3/20  
- Stephanie Alexander is recognised as one of the truly great food writers, and this work is regarded as a genre classic. Its 1100 plus pages are filled with information on selection and storage, varieties and seasons of ingredients, preparation and cooking techniques.

Alexander, Stephanie  
*Kitchen garden cooking with kids*  
Camberwell, Vic.: Lantern, 2006  
ML Q635.0484/1  
- Recipes with simple instructions specially written for children, together with the story of the Kitchen Garden at Collingwood College in Melbourne where Stephanie initiated a garden and cooking program.

Australian Gourmet Traveller  
*Gourmet traveller: modern salads 200 perfect starters, mains and desserts*  
Sydney, NSW: ACP, 2005  
ML Q641.83/16  
- *Australian Gourmet Traveller* presents a huge array of salads to compliment almost every type of meal and provides detailed information on the essential ingredients for a good salad dressing.

Australian Women’s Weekly  
*Eating in: easy food for family and friends*  
Sydney: ACP Publishing, 2005  
ML Q641.5/392  
- Divided into three categories: family food, cooking for friends, and entertaining, the focus is on delicious, no-fuss, home-cooked meals.
Bannerman, Colin
*Seed cake and honey prawns: fashion and fad in Australian food*
ML Q394.12099/1

- Explores the food habits of Australians over the past 150 years and includes a selection of recipes from various eras.

Beer, Maggie
*Maggie's harvest*
Camberwell, Vic.: Lantern, 2007
ML Q641.5/431

- An iconic work in which the celebrated cookery writer and TV presenter shares her favourite seasonal ingredients, accompanied by over 350 of her signature recipes. The embroidered cover features a tree from Maggie's own garden.

Brand Miller, Jennie and Foster-Powell, Kaye
*The new glucose revolution: life plan*
Sydney: Hodder Headline, 2002
ML 613.283/12

- Aims to expand healthy eating choices and provide an understanding of current dietary issues. Includes information on the glycemic index, 7-day menu plans, and low GI recipes.

Calombaris, George
*The Press Club: Modern Greek Cookery*
Chatswood, NSW: New Holland, 2008
ML Q641.5928/1

- Award-winning restaurateur George Calombaris shares his passion for Greek food with these recipes from his Melbourne restaurant.

Carmack, Robert
*Fondue*
ML Q641.81/5

- Richly illustrated work featuring recipes for cheese, Bacchus, Burgundian, Asian and chocolate fondues.

Clark, Pamela (Food director)
*Kids' perfect party book: 10 fabulous parties for boys and girls from 2–10*
ML Q641.568/27

- An *Australian Women's Weekly* title, this colourful book has 10 themes, with ideas for invitations, table decorations, party food, including the party cake and take-home treats, as well as a variety of activities.
The complete cookies, muffins & cakes cookbook
ML Q641.865/ 10

- Contains over 200 recipes accompanied by step-by-step photographs of preparation techniques.

Cooking Moroccan
Millers Point, NSW: Murdoch Books, 2005
ML Q641.5964/3

- Full of recipes for all occasions, including preserving lemons and preparing mint tea, and suitable for cooks of every level.

Country Women’s Association of Australia
Country classics: a collection of 500 classic recipes
Camberwell, Vic.: Penguin, 2007
ML Q641.5/420

- Tried and true favourites, including many desserts, contributed by CWA members from across Australia. Many have been passed down from generation to generation.

Cranston, Michele
Marie Claire comfort: real simple food
Sydney: Murdoch Books, 2006
ML Q641.5/406

- Fresh, wholesome ingredients feature in this handsomely illustrated book of simple-to-cook recipes.

Dekura, Hideo, Treloar, Brigid, Yoshii, Ryuichi
The complete book of sushi
Sydney: Lansdowne Publishing, 2004
ML Q641.5952/19

- A collection of traditional and contemporary recipes for this Japanese cuisine which is low in fat and rich in vitamins and minerals. Includes recipes for sushi rolls, wrapped sushi, sushi rice in fried-tofu bags, and vegetarian sushi, together with drinks, sauces and side dishes.

Fulton, Margaret
Margaret Fulton’s kitchen: her much-loved, essential recipes from a lifetime of cooking
South Yarra, Vic.: Hardie Grant Books, 2007
ML Q641.5/425

- The latest book by one of Australia’s best known and loved cookery writers, who has 26 books to her credit, together with numerous magazine columns and television presentations.
Gomes, Tania
*Sabores de Portugal: Flavours of Portugal*
Frenchs Forest, NSW: New Holland, 2005
ML Q641.59469/1

- Born in Sydney of Portuguese parents, Tania presents a rich collection of traditional Portuguese dishes acquired from family and friends.

Granger, Bill
*Bills food*
Sydney: Murdoch Books, 2002
ML Q641.5/341

- Leading Australian cookery book author Bill Granger is also a successful restaurateur with an international reputation for fine cuisine. Here he presents a collection of quick and easy, nourishing recipes.

Hay, Donna
*Donna Hay Christmas: simple recipes, menu planners*
Pymble, NSW: 4th Estate, 2005
ML 641.5686/3

- Traditional, modern, and simple Christmas season recipes together with menu planners for each chapter.

Hemphill, Ian
*Spice notes: a cook’s compendium of herbs and spices*
Sydney: Pan Macmillan, 2002
ML 641.3383/4

- Australian expert Ian Hemphill presents a reference work full of information on herbs and spices. Includes tips on the art of combining these ingredients to create exciting new tastes.

Kwong, Kylie
*My China: a feast for all the senses*
Camberwell, Vic.: Lantern, 2007
ML Q641.5951/38

- Celebrated author Kylie Kwong is a fourth generation Australian-Chinese who has shared the art of her ancestors’ cuisine through her affectionately written books and accompanying television series.

Leyland, Laraine
*Laraine Leyland’s food for the road*
Glen Innes, NSW: Leyland & Leyland, 2002
ML 641.5784/6

- Laraine Leyland shares the skills she has developed over the past thirty years on the road for preparing fast and tasty meals cooked over camp fires, on a small gas stove, and a caravan oven-stove.
Manfield, Christine

*Stir*
Camberwell, Vic.: Lantern, 2007
ML Q641.3383/8

- Acclaimed chef, food writer and restaurateur Christine Manfield presents basic preparations for spicy pastes, jams and pickles together with recipes for dishes in which they are used.

Moran, Matt

*Matt Moran*
Camberwell, Vic.: Penguin, 2006
ML Q641.5994/56

- Chef and restaurateur Matt Moran shares signature dishes recipes.

Moriarty, Pamela

*Sharing sweet secrets: gluten & wheat free*
ML Q641.56318/1

- Creative dessert recipes cater for those with a gluten allergy.

Perry, Neil

*Good food*
ML Q641.5/423

- Leading Australian chef Neil Perry presents recipes for simple food to cook at home with an emphasis on everyday good eating.

Phaik, Lim Kwee

*Nyonya flavours*
Sydney: LK Phaik, 2002
ML Q641.5951/33

- A fusion of flavours is the hallmark of Nyonya dishes, which originate in the Penang region. Rich and spicy, they result from a blending of many food cultures, including Malay, Chinese and European. These authentic recipes have been handed down through the generations.

Pignolet, Damien

*French*
Camberwell, Vic.: Lantern, 2005
SRL NQ641.5944/36

- Renowned Sydney chef and restaurateur, Damien Pignolet, presents a collection of French classical and provincial recipes adapted for Australian tastes and ingredients.
The PWMU centenary cookbook: 1904–2004, new rev. centenary edn
Sydney: Hachette Livre, 2008
ML 641.5/862

- Cook book celebrating the 100th year in print of the Presbyterian Women's Missionary Union of Victoria. This edition reflects changes in Australian cuisine brought about by multicultural influences.

Purser, Jan & Snowball, Kathy
The eat well cookbook
Cover title: The eat well cookbook: dairy-free and gluten-free recipes for food lovers
Crows Nest, NSW: Allen & Unwin, 2006
ML Q641.56318/1

- A healthy food recipe book suitable for all occasions. Includes an eat well food plan and addresses topics relating to managing food sensitivities and allergies, and weight reduction.

Russell-Clarke, Peter
Peter Russell-Clarke – food encyclopedia: everything you need to know about every food
Melbourne: Bas Publishing, 2005
ML Q641.503/2

- An extensive work crammed with informative entries from one of Australia's most renowned cookery personalities. Also includes over 100 of the author's favourite recipes.

Sartori, Loretta
The cook's book: patisserie
Croydon, Vic.: Tertiary Press, 2004
ML 641.86/22

- One of Australia's top pastry chefs guides readers through the art and craft of this specialised area of baking.

Stuart-Fox, Elisabeth
The bunya cookbook: Australian cuisine
Woolloongabba, Qld.: Aboriginal and Islander Community Health Service Brisbane Ltd., 2001
ML Q641.5994/40

- Aims to promote health through nourishing, affordable recipes and to encourage the integration of traditional Aboriginal and Islander fare into Australian food culture.

Sunk, Steve & Hancock, David
Walkabout chefs: a fresh look at Aboriginal bush foods
Darwin, NT: SkyScans Australia, 2006
ML Q641.59299/2

- A collaboration between the authors and Aboriginal cooks featuring unique Australian ingredients that have been used by Indigenous peoples for thousands of years.
World Champion Flair Bartender, Hayden Wood, provides original recipes for punches, coffees and teas, entrée and dessert cocktails.